




Town of Florence  
 Dorothy Nolan Senior Center  
 330 North Pinal Street  
 520-868-7622  
<http://www.florenceaz.gov>







# December 2019

**M - F 8:00 – 4:00**

	Tuesday	Wednesday	Thursday	Friday
3 9:00 Hand Weights 10:00 Coffee Tyme Players 10:00 Ginger Bread House Building 10:30 Wii 12:15 Coolidge Shopping  	4 <b>National Sock Day</b> 8:00 Community Garden 9:00 Open Studio at Suter House 10:00 Ginger Bread House Building 10:00 Healthy Bingo-Steward Health Choice  	5 9:00 Biscuits & Gravy 9:00 Music with Hermalene 9:15 Walk A Mile 9:30 Cards and Game 9:45 Non-Denom Bible Study 10:00 Grief Support 12:00 Knit and Crotchet Club <b>5:00 Gas Light Music Hall</b>	6 9:00 CAHRA 9:30 Card & Games 10:00 Ginger Bread House Building 10:00 Dollar Store 12:15 Bingo  	7 9:30 Cards & Games 9:30 Music by Rudy 12:15 Movie and Popcorn 5:30 Christmas On Main Electric Parade  
10 9:00 Hand Weights 10:00 Coffee Tyme Players 10:30 Wii 	11 8:00 Community Garden 9:00 My Healthy Eating <b>9:00 Dental Clinic</b> 9:30 FHS Retail Store 10:30 Blood Pressures FFD 4:00 Dinner Club-Cracker Barrell 	12 Rudy's Riddle 8:00 Biscuits and Gravy-\$2 9:00 Music with Hermalene 9:15 Walk A Mile 9:30 Cards and Game 9:45 Non-Denom Bible Study 10:00 Grief Support 10:00 Country Store 12:00 Knit and Crotchet Club 	13 <b>National Cocoa Day</b> 9:00 CAHRA 9:30 Cards & Games 10:00 EFP- Esmeralda <b>10:00 Alzheimer's Support</b> 11:30 Celebrate Birthdays 12:15 Anthem Shopping 12:15 Bingo <b>5:00 Holiday HoeDown</b>  	14 9:30 Cards & Games 9:30 Music by Rudy 10:00 Rides to Yard Sales 10:00 Creations & Libations 12:15 Movie & Popcorn 
17 9:30 Cards and Games 9:00 Hand Weights 10:00 Coffee Tyme Players 10:30 Wii 12:15 Coolidge Shopping  	18 8:00 Community Garden <b>9:00 Dental Clinic</b> 9:00 My Healthy Eating 9:00 Open Studio at Suter House 9:30 Cards and Games 10:00 Youth Christmas Caroling 10:00 Arts with Doris 1:00 Bunco 	19 <b>National Hard Candy Day</b> Ruddy's Riddle 8:00-10:00 Biscuits & Gravy 9:00 Music with Hermalene 9:45 Non-Denom Bible Study 10:00 Grief Support Group 12:00 Knit/Crochet Club 12:15 Jewlry w/ Doris 	20 9:00 TRIAD 10:00 Dollar Store 10:30 Angel Care In-Service 12:15 Bingo 	21 9:30 Cards & Games 9:30 Music with Rudy 10:00 Christmas Party  
24 <b>National EggNog Day</b> 9:30 Cards and Games 9:00 Hand Weights 10:00 Coffee Tyme Players 10:30 Wii  	25 <b>Senior Center Closed</b> 	26 9:00 Biscuits & Gravy 9:00 Music w/Hermalene 9:45 Non Denom Bible Study 10:00 Grief Support 12:00 Knit/Crochet Club <b>12:15 Crafts w/JoAnn</b>	27 9:30 Card & Games 10:30 Hot Topics 10:30 Dollar Store 12:15 Bingo 	28 9:30 Cards & Games 9:30 Music by Rudy 12:15 Movie & Popcorn 
31 9:00 Hand Weights 9:30 Cards and Games 10:00 Coffee Tyme Players 10:30 Wii <b>11:30 New Years Toast</b>  	<ul style="list-style-type: none"> <li>• <b>December 5, Gas Light Music Hall</b></li> <li>• <b>December 7, Christmas on Main Street</b></li> <li>• <b>December 13, Holiday HoeDown</b></li> <li>• <b>December 21, Christmas Party</b></li> </ul>		 <p><i>May you never be to grown up to search the skies on Christmas Eve!</i></p>	

# Town of Florence Dorothy Nolan Senior

# December 2018 --MENU

<p><b>3</b> BEEF STEW HARVARD BEETS DINNER ROLL/ BUTTER PEARS</p>	<p><b>4</b> CHICKEN THIGHS W/GINGER GLAZE BASMATI RICE BOK CHOY PEACH CRISP</p>	<p><b>5</b> BEAN &amp; CHEESE BURRO PICO DE GALLO SPANISH RICE GREEN SALAD/DRESSING BANANA</p>	<p><b>6</b> CHICKEN MARSALA ROASTED CAULIFLOWER GREEN BEANS WW BREAD/BUTTER CINNAMON APPLESAUCE BROWNIE</p>	<p><b>7</b> TURKEY VEGETABLE SOUP CRACKERS FRUIT </p>
<p><b>10</b> CREAMY CHICKEN RICE SOUP GREEN BABY PEAS DINNER ROLL/BUTTER TROPICAL FRUIT</p>	<p><b>11</b> AMERICAN CHOP SUEY MIXED VEGETABLES GREEN SALAD/DRESSING BLUEBERRY COBBLER CAKE</p>	<p><b>12</b> BREADED FISH/CREAMY DILL SAUCE MASHED YAMS SAUTEED SPINACH SEASONAL FRUIT</p>	<p><b>13</b> MONGOLIAN BEEF QUINOA TOASTED BUTTERNUT SQUASH ROSY PEARS Birthday Cake</p>	<p><b>14</b> CHILI AND CORNBREAD </p>
<p><b>17</b> NAVY BEAN SOUP SAVORY CARROTS DINNER ROLL/BUTTER TROPICAL FRUIT</p>	<p><b>18</b> SLOPPY JOE ROASTED POTATOES MARINATED VEGETABLE SALAD HUMBURGER BUN PEARS</p>	<p><b>19</b> BBQ CHICKEN GARLIC ROASTED POTATOES 3-BEAN SALAD CHERRY CRISP</p>	<p><b>20</b> LASAGNA ROLLS W/MEAT MARINARA SAUCE ROAST CAULIFLOWER GREEN SALAD/DRESSING BAKED PEACHES</p>	<p><b>21</b> CHRISTMAS DINNER BAKED HAM BAKED BEANS POTATOES/GRAVY HOME MADE ROLLS PIES </p>
<p><b>24</b> <b>CHRISTMAS EVE</b> TUSCANO SOUP CRACKERS FRUIT </p>	<p><b>25</b> <b>CHRISTMAS DAY</b> <b>ALL CENTERS CLOSED</b> </p>	<p><b>26</b> MEATLOAF MASHED POTATOES/GRAVY PEAS &amp; CARROTS APPLESAUCE</p>	<p><b>27</b> CHEESE ENCHILADAS CUBAN BLACK BEANS GREEN SALAD/DRESSING APPLE-CRANBERRY CRISP</p>	<p><b>28</b> SENIOR DAY </p>
<p><b>31</b> ROASTED TURKEY/GRAVY SWEET POTATO &amp; APPLES PEAS W/ONIONS AMBROSIA</p>	<p><i>Christmas gift suggestions:</i>  <i>To your enemy, forgiveness</i>  <i>To an opponent, tolerance</i>  <i>To a customer, service</i>  <i>To all, charity</i>  <i>To every child, a good example</i>  <i>To yourself, respect.</i>  <i>Oren Arnold</i></p>			

\*\* ALL MEALS ARE SERVED WITH 8 OUNCES OF MILK\*\*

\*\* NUTRITIONAL INFORMATION IS AVAILABLE AT THE SENIOR CENTER

*Thank You for your donations. Meals are provided in part by Pinal Gila Council Older Americans Act and The Town of Florence Under the Americans with Disabilities Act, Town of Florence must make a reasonable accommodation to allow a person with a disability to take part in a program, service or activity*

*Lunch is served at 11:30. Must make reservations by Wednesday for the following week. Suggested donation is \$4.00. Please be at the center by 11:00 for your meal*