






















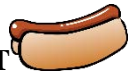




February 2019 revised 2/1/19

M - F 8:00 – 4:00

Monday	Tuesday	Wednesday	Thursday	Friday
				1 9:30 Cards & Games 9:30 Music by Rudy 10:00 Wii 12:15 Movie and Popcorn 
4 9:30 Cards and Games 9:00 Hand Weights 10:00 Coffee Tyme Players 10:30 Wii 12:15 Coolidge Shopping  	5 8:00 Community Garden 9:00 Dental Clinic 9:30 Cards and Games 10:00 Healthy Bingo-Steward Health Choice 	6 Rudy's Riddle 8:00 Biscuits and Gravy-\$2 9:00 Music with Hermalene 9:15 Walk A Mile 9:30 Cards and Game 9:45 Non-Denom Bible Study-Alene 10:00 Music by Thy Band 10:00 Grief Support 12:00 Knit and Crochet Club	7 8:00 CAHRA 8:00 AARP Taxes 9:30 Cards & Games 10:00 Dollar Store 10:45 EFP-Esmeralda 12:15 Bingo  	8 9:30 Cards & Games 9:30 Music by Rudy 10:00 Rides to Yard Sales-must sign up in advance 12:15 Movie & Popcorn  
11 9:30 Cards and Games 9:00 Hand Weights 10:00 Coffee Tyme Players 10:30 Wii 	12 8:00 Community Garden 9:00 My Healthy Eating w/Lou 9:30 FHS Retail Store-must sign up in advance 9:30 Cards and Games 10:30 Blood Pressures FFD 4:00 Dinner Club – Lola Empanada	13 Rudy's Riddle 8:00-10:00 Biscuits & Gravy-\$2. 9:00 Music with Hermalene 9:30 Cards and Games 9:45 Non-Denom Bible Study-Alene 10:00 Grief Support Group 11:30 Celebrate Birthdays 12:00 Knit/Crochet Club 	14 8:00 CAHRA 8:00 AARP Taxes 10:00 Got No Talent Show/Valentines celebration-\$8.00 Reservations required 10:00 Alzheimers Support Group BINGO CANCELLED 	15 9:30 Cards & Games 9:30 Music with Rudy 10:00 Creations & Libations 10:30 Anthem Shopping 
18 President's Day Center Closed	19 8:30 Coolidge Shopping 8:00 Community Garden 9:00 Dental Clinic 10:00 Arts with Doris 1:00 Bunko  	20 Rudy's Riddle 8:00-10:00 Biscuits & Gravy 9:00 Music with Hermalene 9:45 Non-Demon Bible Study 10:00 Grief Support 10:00 Music by Thy Band 12:00 Knit/Crochet Club 12:30 Highway Clean Up	21 8:00 AARP Taxes 8:30 CAHRA 9:00 TRIAD 9:30 Card & Games 10:30 Angel Care-In-Service 10:00 Dollar Store 12:15 Bingo-sponsored by Oasis Rehab  	22 9:30 Cards & Games 9:30 Music by Rudy 10:00 Wii 12:15 Movie & Popcorn 5:30 The Brothers Four-CAC  
25 9:00 Hand Weights 10:00 Coffee Tyme Players 9:30 Cards and Games 10:30 Wii  	26 8:00 Community Garden 9:00 My Healthy Eating 9:30 Cards and Games 11:00 Town Rumors 12:15 Jewelry w/Doris 	27 Rudy's Riddle 9:00 55 Alive Driving Course 9:00 Biscuits & Gravy 9:00 Music with Hermalene 10:00 Grief Support 1:00 Center Closes	28 8:00 AARP Taxes 9:30 Cards and Games 10:30 Hot Topics 12:15 Bingo 12:15 Anthem Shopping  	

				<p>1 HOT DOGS SAUERKRAUT MACARONI AND CHEESE</p> <p>FRUIT </p>
<p>4 LEMON BAKED COD W/CREAMY DILL SAUCE MASHED YAMS HARVARD BEETS MANDARIN ORANGES</p>	<p>5 LASAGNE ROLLS WITH MARINARA MEAT SAUCE ROASTED CAULIFLOWER GREEN SALAD/DRESSING BAKED PEACHES</p>	<p>6 POT ROAST CARROTS/POTATOES GREEN BEANS W/W ROLL/BUTTER BANANA CHOCOLATE PUDDING</p>	<p>7 CHEESE ENCHILADAS CUBAN BLACK BEANS GREEN SALAD/DRESSING APPLE-CRANBERRY CRISP</p>	<p>8 SPAGHETTI SALAD GARLIC BREAD</p> <p></p>
<p>11 CHEESE OMELET W/DENVER SAUCE ROASTED POTATOES SAUTEED SPINACH FRESH ORANGE</p>	<p>12 ROASTED TURKEY/GRAVY SWEET POTATOES/APPLES PEAS AND ONIONS AMBROSIA</p>	<p>13 CHILI CON CARNE STEAMED CARROTS CORN BREAD TROPICAL FRUIT</p>	<p>14 CHICKEN SALAD PASTA SALAD BERRY JELLO CAKE WITH WHIP CREAM CRACKERS</p>	<p>15 Senior Day</p>
<p>18 CLOSED</p>	<p>19 BEEF STEW POTATOES/CARROTS HARVARD BEETS DINNER ROLL/BUTTER PEARS</p>	<p>20 BEAN/CHEESE BURRO PICO DE GALLO SPANISH RICE GREEN SALAD/DRESSING BANANA</p>	<p>21 CHICKEN MARSALA ROASTED CAULIFLOWER GREEN BEANS W/W BAREAD/BUTTER CINNAMON APPLESAUCE BAROWNIE</p>	<p>22 HOMEMADE CAULIFLOWER/BROCCOLI CHEESE SOUP FRUIT CRACKERS</p> <p></p>
<p>25 CREAMY CHICKEN RICE SOUP GREEN BABY PEAS DINNER ROLL/BUTTER MANGO-PINEAPPLE SALAD</p>	<p>26 BEEFY MAC MIXED VEGETABLES GREEN SALAD/DRESSING BLUBERRY COBBLER CAKE</p>	<p>27 BREADED FISH WITH TARTAR SAUCE MASHED YAMS SAUTEED SPINACH SEASONAL FRUIT BIRTHDAY CUPCAKE</p>	<p>28 MONGOLIAN BEEF BASMATI RICE ROASTED BUTTER SQUASH ROSY PEARS</p>	

** ALL MEALS ARE SERVED WITH 8 OUNCES OF MILK**

** NUTRITIONAL INFORMATION IS AVAILABLE AT THE SENIOR CENTER

Thank You for your donations. Meals are provided in part by Pinal Gila Council Older Americans Act and The Town of Florence Under the Americans with Disabilities Act, Town of Florence must make a reasonable accommodation to allow a person with a disability to take part in a program, service or activity

*Lunch is served at 11:30. **Must make reservations by Wednesday for the following week.** Suggested donation is \$4.00. Please be at the center by 11:00 for your meal*