

**Town Of Florence Dorothy Nolan Senior Center**

**MARCH 2026**

<p><b>2</b> Beef Stroganoff Roasted Brusels Sprouts Vegetable blend Apple Cranberry Crisp</p>	<p><b>3</b> Bean Soup W/ Turkey Ham Cherry Tomatoes Mixed Greens Whole Wheat Crackers Dressing PK Tropical Fruit</p>	<p><b>4</b> Cheese Ravioli W/ Sauce California Veggies Steamed Spinach Whole Wheat Roll Fresh Orange</p>	<p><b>5</b> Chicken Broccoli Stir Fry Savory Carrots Brown Rice Oatmeal Cookie Pineapple Chunks</p>	<p><b>6</b> Pancakes Scrambled Eggs Sausage patties Mixed Fruit</p>
<p><b>9</b> Chicken Tenders Sweet Potatoes Green Beans Whole Wheat Roll Sliced Apricots</p>	<p><b>10</b> Hungarian Goulash Savory Carrots Steamed Spinach Whole Wheat Roll Sliced Pears</p>	<p><b>11</b> Pork Chop Suey Asian Blend Veggies Carrot Raisin Salad Brown Rice Pineapple Chunks</p>	<p><b>12</b> Spinach Rice W/ Dice Beef Black Beans 5-Way Mixed Veggies Whole Wheat Roll</p>	<p><b>13</b> Chicken Alfredo Broccoli</p>
<p><b>16</b> Turkey Ham Sweet Potatoes Green Peas Whole Wheat Roll Fig Newtons Fresh Apple</p>	<p><b>17</b> Chicken Cacciatore California Vegetables Mixed Greens WW Penne Pasta Tropical Fruit</p>	<p><b>18</b> Swiss Steak W/ Gravy Mashed Potatoes Steamed Spinach Wheat Bread GR Crackers Mandarin Oranges</p>	<p><b>19</b> Herb Baked Chicken Steamed Broccoli Lemon Quinoa Whole Wheat Roll Sliced Apricots</p>	<p><b>20</b> Beef Tacos Spanish Rice Refried Beans</p>
<p><b>23</b> Caribbean Citrus Pork Sweet Potatoes Roasted Cauliflower Wheat Bread/Fig Newton Fruit Slices</p>	<p><b>24</b> Burrito W/ Ground Beef Corn &amp; Black Beans lettuce &amp; Tomatoes Spanish Rice/Tortilla Baked Apples</p>	<p><b>25</b> Pork Riblet Roasted Squash Brussel Sprouts Wheat Bread/GR Crackers Fresh Banana</p>	<p><b>26</b> Beef Peppred Steak Steamed Asparagus Brown Rice Whole Wheat Roll Fresh Orange</p>	<p><b>27</b> Sloppy Joe Coleslaw</p>
<p><b>30</b> Oven Fried Chicken Herbed Potatoes Green Beans Wheat Roll/Fig Newton Sliced Peaches</p>	<p><b>31</b> Sweet &amp; Sour Pork Steamed Broccoli Brown Rice Whole Wheat Bread Fresh Orange</p>			

**\*\* ALL MEALS ARE SERVED WITH 8 OUNCES OF MILK\*\***

**\* NUTRITIONAL INFORMATION IS AVAILABLE AT THE SENIOR CENTER** *Meals are provided in part by Pinal Gila Council Older Americans Act and The Town of Florence Under the Americans with Disabilities Act,*  
*Town of Florence must make a reasonable accommodation to allow a person with a disability to take part in a program, service or activity.*  
*Lunch is served at 11:30. Must **make reservations by Tuesday at 12:00pm for the following week.***  
*Suggested donation is \$4.00. Please be at the center by **11:00** for your meal*